

# Registration Form

400  
CEC's  
Awarded



# convention

Saturday, 29th September 2007 • University Arena, University of Limerick

## DELEGATE INFORMATION

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address \_\_\_\_\_

Telephone (H) \_\_\_\_\_ (M) \_\_\_\_\_

\*All correspondence will be sent via E-mail \* \_\_\_\_\_ or Fax \_\_\_\_\_



## Reebok Deck - Pre-Convention Workshop



300  
CEC's  
Awarded

Fri 28th Sept '07 Aerobics Studio, University Arena, University of Limerick

Reebok Deck Training Certification (Includes workshop materials only)

Please tick which category applies to you:	• Convention Delegate & member of the National Register	€70.00	<input type="checkbox"/>
	• Convention Delegate & non-member of the National Register	€85.00	<input type="checkbox"/>
	• Not attending Convention & member of the National Register	€120.00	<input type="checkbox"/>
	• Not attending Convention & non-member of the National Register	€150.00	<input type="checkbox"/>

1. Morning workshop 9.00am-1.00pm       2. Afternoon workshop 2.00pm-6.00pm   
Please note that allocation to the above time slots will be based on a first come first serve basis\*

## EARLY BIRD REGISTRATION

Member of the National Register - Full Day	€130.00	<input type="checkbox"/>
Non-Member of the National Register - Full Day	€145.00	<input type="checkbox"/>
Members of the National Register Leisure Club/Group Rate (Group of six people)	€650.00	<input type="checkbox"/>
Non-Member of the National Register Leisure Club/Group Rate (Group of six people)	€725.00	<input type="checkbox"/>

**NOTE: CLOSING DATE FOR EARLY BIRD REGISTRATIONS IS FRI 22nd JUNE 2007**

## REGULAR REGISTRATION

Member of the National Register - Full Day	€155.00	<input type="checkbox"/>
Non-Member of the National Register Fee - Full Day	€175.00	<input type="checkbox"/>
Members of the National Register Leisure Club/Group Rate (Instructor + Five Members/Group of six people)	€775.00	<input type="checkbox"/>
Non-Member of the National Register Leisure Club/Group Rate (Instructor + Five Members/ Group of six people)	€875.00	<input type="checkbox"/>

**NOTE: CLOSING DATE FOR REGULAR REGISTRATIONS IS FRI 21st SEPT 2007**

## Method of Payment (No cash accepted)

Cheque       PO       Credit Card

Credit Card No.                   3-Digit Security Code

Valid from \_\_\_\_\_      Expiry date \_\_\_\_\_

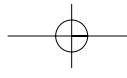
Cardholder's Name \_\_\_\_\_

Cardholder's Signature \_\_\_\_\_

**Total amount enclosed:** \_\_\_\_\_

Forward completed registration form to: Maeve Kavanagh, NCEF National PR Officer, NCEF, PESS Building, University of Limerick.

**PLEASE TURN OVER TO MAKE YOUR WORKSHOP SELECTIONS**



## Workshop Schedules & Selection

1. Please ensure that you have thoroughly read the presenter profiles and session description before completing this section.
2. Please make your choices from 1 - 3 (1 being your first choice and 3 being your last. PLEASE WRITE THE FIGURE IN THE BOX). We will try to give you your first choice wherever possible. However, due to demand for certain workshops you may have to go to your next available choice. Allocations will be made on a first come, first served basis on receipt of your registration form. NB You need to make 3 selections for the morning & afternoon sessions.
3. You will receive your tickets for the workshops at the registration point on the day.
4. You cannot change your workshop selections on the day.

**NB: REGISTRATIONS WILL NOT BE ACCEPTED UNLESS ACCOMPANIED BY A COMPLETE SESSION SELECTION FORM, RELEASE FORM AND FULL PAYMENT.**

**You must provide us with an e-mail address if you wish to receive clarifications of your session selections.**

### MORNING WORKSHOPS SELECTION

Personal Training	Super Stars Circuit (Reebok Deck)	Steve Barrett	<input type="checkbox"/>
Nutrition	Children Eat Healthy - Play Healthy	Sarah Keogh	<input type="checkbox"/>
Workout without Walls	Outdoor Activity Trail	John Doran	<input type="checkbox"/>
Special Populations	Fun Activity Games for children	Siobhan Marren	<input type="checkbox"/>
Functional Fitness	Perfect Posture through Pilates	Linda Bracken	<input type="checkbox"/>
Mind-Body	Yoga for Fitness	Aria Ungerger	<input type="checkbox"/>

### AFTERNOON WORKSHOP SELECTION

Personal Training	Super Stars Circuit (Reebok Deck)	Steve Barrett	<input type="checkbox"/>
Nutrition	Children Eat Healthy - Play Healthy	Sarah Keogh	<input type="checkbox"/>
Workout without Walls	Outdoor Activity Trail	John Doran	<input type="checkbox"/>
Special Populations	Fun Activity Games for children	Siobhan Marren	<input type="checkbox"/>
Functional Fitness	Perfect Posture through Pilates	Linda Bracken	<input type="checkbox"/>
Mind-Body	Yoga for Fitness	Aria Ungerger	<input type="checkbox"/>

#### NCEF CONVENTION CANCELLATION POLICY:

All requests for refunds or transfers must be in writing and include reason for cancellation. All cancellation requests will be subject to the following administrative fees. There will be a 10% administration charge on cancellations made up to 15 days before the Convention commences. There will be a 25% administration charge on cancellations made up to 7 days before the Convention commences. There will be **no refund** on cancellations with less than 7 days notice before the Convention commences.

**PLEASE ENCLOSE A STAMPED ADDRESS ENVELOPE IF YOU WISH TO RECEIVE RECEIPT OF PAYMENT.**

## NCEF CONVENTION 2007 RELEASE FORM

Please complete the following details:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

The programme for the NCEF National Fitness Convention 2007 contains a mix of both practical and theoretical components, designed for exercise and fitness instructors and enthusiasts who are experienced and physically fit. Individuals with any physical restrictions, medical conditions, disability or predisposition to injury or sickness should not participate if their health or ability to exercise safely is at risk.

#### THIS DOCUMENT IS A RELEASE OF CLAIMS. BY SIGNING IT YOU AGREE YOU ARE AWARE OF AND ACKNOWLEDGE THE FOLLOWING:

1. You willingly participate in the event at your own risk and are free to withdraw from the programme or adapt your activity at anytime.
2. You have no physical restrictions, disabilities or any predispositions to sickness, medical conditions or injury that may be aggravated or adversely affected as a result of your participation.
3. You take full responsibility for any injury, loss or damage to your person/property that may arise directly or indirectly from your participation in the NCEF National Fitness Convention 2007.
4. You will not seek to penalise, prosecute or claim compensation from the organisers, sponsors, presenters or participants of the event for any injury, loss or damage.

The NCEF may videotape any sections of the event and it is possible that you may be filmed or photographed during the course of the day.

BY SIGNING THIS RELEASE FORM YOU ACKNOWLEDGE THAT:

1. The NCEF may film or photograph you during the event.
2. The NCEF retain the right to use any such film or photographs for promotional use.

I have carefully read, understand and am aware of all of the above. I understand that I will be permitted to participate in the event by agreeing to all of the above.

Signature .....

Date.....

