



University of
Limerick

Certificate in Exercise & Health Fitness

Accredited by the University of Limerick



This programme forms Stage 1 of the Diploma in Exercise & Health Fitness

Limerick Based Programmes of Study for 2009/2010

NCEF Programme	Venue	Days	Time	Provisional Start date	Finish
Limerick Day (A)	University Of Limerick	Mon/Tues/Thurs	10am-5.15pm	19 th Oct '09	March 2010
Limerick Weekend	University Of Limerick	Friday evening Saturday	Fri: 6.30-9.45pm Saturday 10-5.15	17 th Oct '09	May 2010
Limerick Day (B)	University Of Limerick	Mon/Tues/Thurs	10am-5.15pm	Early Feb '10	June 2010

Limerick Day Programme of Study

This is a day programme of study. Sessions are provisionally structured to take place Monday, Tuesday and Thursday from 10am-5.15pm. All bank holidays are scheduled free.

Limerick Weekend Programme of Study

This is a part-time weekend programme. Sessions are provisionally structured to take place on Friday from 6.45pm-10pm and Saturday from 10am – 5.15pm each week. All bank holidays are scheduled free.

Programme Fees

Provisional Course Fee: The provisional programme fee for 09/10 is €2565.00

Easy payment scheme: €975 non refundable deposit on acceptance to the programme. Balance of €1590 due at NCEF Head Office 1 week prior to programme commencement.

Please note that once students commence the programme all fees paid are non refundable.

Application Procedure:

1. Application form and copy of the official Leaving Certificate Results or equivalent to NCEF Head Office (available online or on request)
2. For applicants that do not hold a leaving certificate or equivalent please submit a Portfolio of Learning (POL) with application form (POL's are available from NCEF Head Office on request. A cost of €125 applies to all Portfolio of Learning applicants however if successful this fee is then deducted from the cost of overall programme fees. Please submit fee with initial application.
3. If you fulfil all the criteria and are successful an acceptance pack will be posted to you
4. Accepted Offer letter and required documentation and deposit returned to head office

For more information please contact Jessica on 061-202829 or email ncef@ul.ie

Please note once accepted onto the programme all correspondence will be sent via email so it is vital to ensure you have a valid current email address and that this address is clearly stated on your application form.